

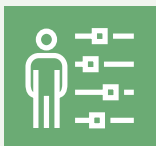
Public Involvement in Multiple Long Term Conditions Research



14 million people live with multiple long term conditions (MLTCs), which means that they have two or more chronic conditions. In May 2023 a public involvement (PPIE) workshop was held during a [national priority](#) research event.

What are the key issues for PPIE?

Broad spectrum of lived experience:



- Wide age range
- Differing lengths of lived experience
- Experience of many different treatments



Commonality of experience across conditions
e.g. appointment overload, pain, fragmented care



The lived experience of caregivers and care workers is also important



'MLTCs' doesn't mean much to the public

What are the specific PPIE challenges?

Identification of people and networks:



Lack of diversity

- Need to develop the infrastructure to engage with existing networks



Reliance on virtual engagement can exclude people



Carers struggle to engage with researchers

- Access barriers - resource and time

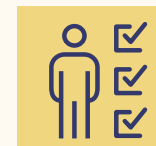


How can we be inclusive whilst having a common aim?

- Most research and PPIE groups are focused on single conditions

What might MLTCs PPIE look like going forward?

A national PPIE network should be:



Inclusive of age and other protected characteristics and underserved groups



- A network of networks
- Flexible
- Embedded in decision making



Focused on long-term relationships



Focused on building capacity