



Co-design of a toolkit to help stroke survivors stay in work post-stroke

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Occupational therapist and health psychologist, Previously worked on the process evaluation for RETAKE trial, currently working clinically, delivering ROWTATE intervention. Aspiration to be clinical academic in area of vocational rehabilitation.

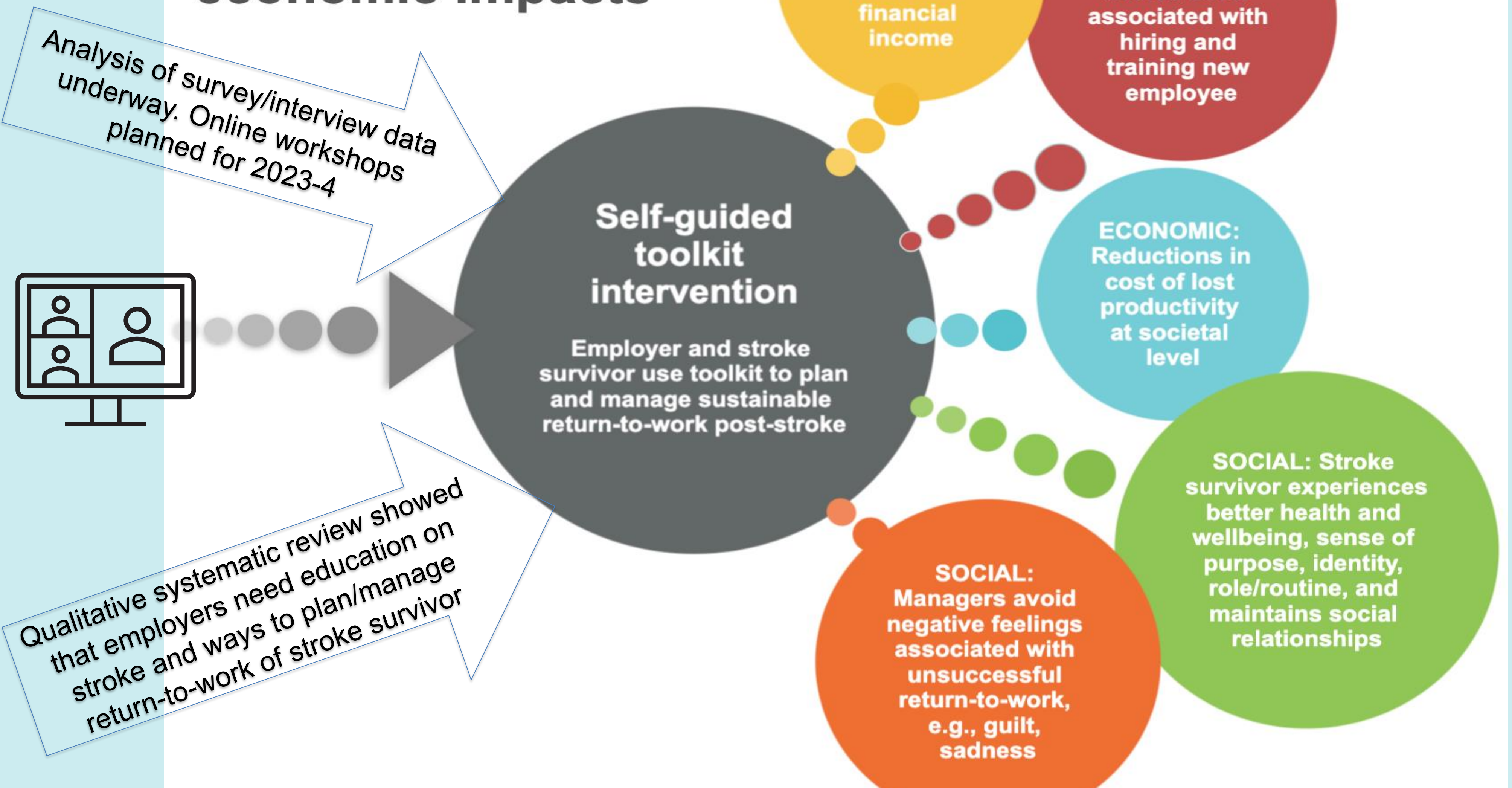
Aims and Methods

- 1) To assess the needs of employers (qualitative systematic review, online survey, and interviews)
- 2) Co-design a self-guided intervention (i.e., a toolkit) with relevant stakeholders to improve workplace support for stroke survivors to return to- and stay in work post-stroke (Three online workshops)
- 3) Identify and describe potential change mechanisms and implementation strategies for the intervention (Three online workshops/consultation with advisory group)

Background

- Working-age stroke survivors often have disabilities and struggle to return to- and stay in work
- Employers and stroke survivors do not always know much about stroke, or how to plan and manage a sustainable return to work.
- No self-guided interventions exist to guide employers and stroke survivors through the return-to-work process

Social and economic impacts



Research outputs:

Craven, K., de Dios Pérez, B., Holmes, J., Fisher, R., Radford, K.A. Factors influencing employers' support for employees with acquired brain injuries or mental illness to stay in work: a systematic review. Submitted to WORK journal, April 2023.

Craven, K., de Dios Pérez, B., Holmes, J., Fisher, R., Radford, K.A. Employers' experiences providing support for employees with acquired brain injuries or mental illness to return to- and stay in work: a thematic synthesis. Commended poster presentation at the European Life After Stroke Forum 2023, March 2023.

