NIHR | Applied Research Collaboration East Midlands

FAR
AWAY FROM HOME

Join our webinar!

This webinar presents an opportunity for **young people, parents, researchers, clinicians, service managers and commissioners of mental health services** to hear the findings from the **Far Away from Home study** and **discuss ideas for future research, clinical practice and service development.**

Thursday 21st March 2024
12:30pm – 1.45pm

Far Away from Home: Admissions far from home, out-of-area or to adult wards – Findings from a multi-methods national study

Background

Increased demand for **Child and Adolescent Mental Health Services (CAMHS)** inpatient care has resulted in many young people aged under-18 being admitted to hospitals far away from their home or, in some cases, to adult wards.

Summary:

The **'Far Away from Home'** study, a collaboration between five NIHR ARCs (ARC East Midlands, ARC East of England, ARC Greater Manchester, ARC Oxford & Thames Valley and ARC West Midlands), examined the scale, impact and costs of admissions of under 18s to mental health units at distance from their home, to a different NHS region, or to adult wards.

We will present national data on the frequency, clinical characteristics and outcomes of 290 admissions collected over a 13-month period, including follow-up data, in addition to findings from interviews with young people, parents and healthcare professionals on the impact of these admissions.

CAPSS CHILD & ADOLESCENT PSYCHIATRY SURVEILLANCE SYSTEM **CCQI**

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FAR AWAY FROM HOME

Chair

Kapil Sayal, Professor of Child and Adolescent Psychiatry and Honorary Consultant Child and Adolescent Psychiatrist at the University of Nottingham, NIHR Senior Investigator.

Kapil's research interests and expertise include randomised controlled trials, developmental epidemiology, Health Services Research, child and adolescent mental health in schools and primary care, ADHD and depression. Currently, Kapil is leading the **NIHR HTA-funded STADIA trial** investigating the effectiveness and cost effectiveness of a standardised diagnostic assessment for children and young people with emotional difficulties who have been referred to CAMHS. He also led the multi-methods **NIHR Far Away from Home national study** investigating the scale and impacts of far-from-home or out-of-area admissions to General Adolescent Units.

Our Speakers

Dr Anne-Marie Burn, Chartered Psychologist and a Senior Research Associate at the University of Cambridge

Anne-Marie's research focuses on the organisation and delivery of health services, and evaluating interventions for children and young people's mental health. She is a mixed methods researcher with expertise in qualitative methods and public involvement in research.

Dr Josephine Holland, Clinical Assistant Professor of Child and Adolescent Psychiatry at the University of Nottingham

Josephine is also an Honorary ST6 Specialist Registrar in Child and Adolescent Mental Health Services (CAMHS) in Nottinghamshire Healthcare NHS Foundation Trust. Her work on the "Far Away from Home" study forms part of her PhD research.

Dr James Roe, Research Fellow at ARC ast Midlands, University of Nottingham

James' research interests include mental health, stigma and identity. He has acted as the operational lead researcher on several research studies, including a self-harm and depression randomised controlled trial, the implementation of NICE guidelines on Bipolar Disorder and the use of recorded recovery narratives in clinical settings.

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