

FAR AWAY FROM HOME INPATIENT CARE CHECKLIST

This checklist was developed as a result of our learning from the NIHR ARC-EM funded national “Far Away from Home” research programme. This checklist aims to serve as a guide for inpatient units/clinicians who are supporting a young person who is admitted at distance from home or from out of area.

1. Professional Network



Identify & establish links with all members of the network involved with the young person



Ensure referral to social care has been made



Contact young person’s usual educational establishment



Invite all key members of the professional network to discharge planning meeting

2. Looked-after young people



Establish early in the admission whether return to their current placement is feasible



If current placement no longer feasible, begin placement search

3. Confirm young person’s local CAMHS services



Community Mental Health Team and care co-ordinator



Intensive services available (Crisis, Home Treatment team, discharge support team)

4. Discuss leave and visiting support available with young person and family



Practicalities of visiting and leave periods



Financial support available for visits and leave



Transport – availability, unit support, external support, financial support



Accommodation – availability, unit support, external support, financial support

5. Transferring to another more local unit



Send regular reminders to case managers to check for local beds available



Consider transfer to a more local unit for graded leave - if this will not be possible from your unit, due to distance

FUNDED BY

NIHR | National Institute for
Health and Care Research

This study is funded by the NIHR Applied Research Collaboration East Midlands (ARC EM). The views expressed are those of the author(s) and not necessarily those of the NIHR or the Department of Health and Social Care.