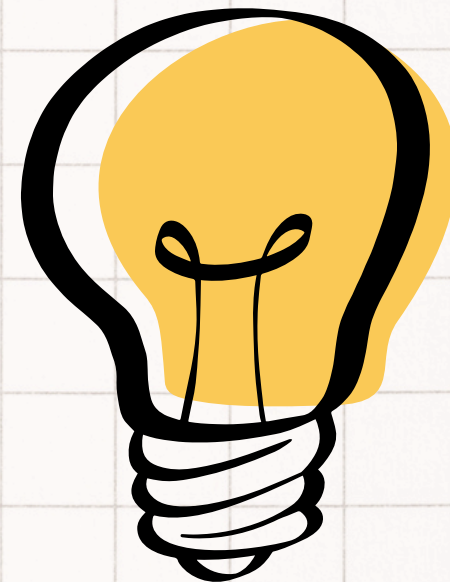


EMRAN RESEARCH IDEAS

11TH MARCH 2026



CARE HOMES

Access to green spaces for older adults in care homes

Young people living in care homes

REHABILITATION

How can we better integrate rehabilitation services targeting different long term conditions?

END OF LIFE

Engagement with and quality of Advance Care Plans

Public education and understanding about ReSPECT forms

Misconceptions about ReSPECT forms and lack of clinicians time are barriers to engagement

COMMUNITY

Homebound patients integration into community provision

Loss of knowledge and skills in retirement

Social isolation and physical spaces to socialise

Empowering and encouraging older people, consulting them on research.

Ensuring awareness about disease prevention in ethnic minority communities

Culture of care in ethnic communities prevents seeking support from social care

ETHNICITY

PREVENTION

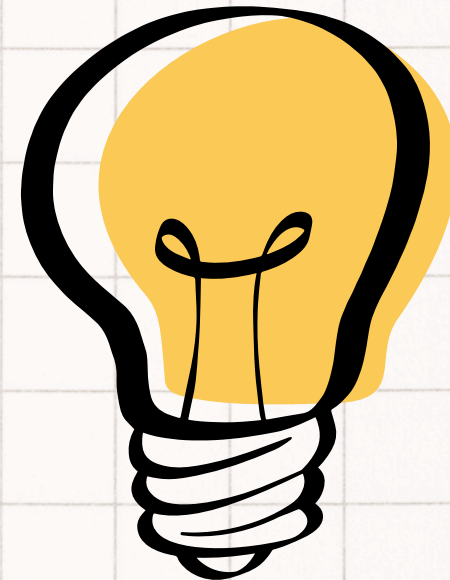
How can we introduce better skills for living well and preventing ill health in later life?

Most effective strategies for fall prevention prior to accessing formal services

The impact of ageism in relation to ageing well and promoting preventative services

EMRAN RESEARCH IDEAS

11TH MARCH 2026



FRAILTY

Effectiveness of exercise and nutrition education on slowing progression of frailty

Standardising GP's assessments of frailty

Vaccine hesitancy in older people with frailty and impacts on clinical outcomes

Making people aware of balance/ exercise and where to seek help

Intergenerational activities for people living with dementia

Cardio fitness for survivors of stroke

EXERCISE AND ACTIVITY

Falls risk assessment and self-management

Further falls research and after care

Specific falls programme for learning disability, targeting autism

FALLS

HEALTH AND WELLBEING

Feet: foot care, reduced mobility, independence, footwear, screening foot health in the community

Pain

How can we improve wellbeing in stroke survivors?

Wellbeing of older carers

Breaking barriers for older people accessing technology (NHS app etc)

Assistive technology in adult social care

The use of tech enabled care to support independence

The use of AI and predictive analytics in preventative care

Challenging behaviours

Community access for people living with dementia

TECHNOLOGY

DEMENTIA