



## **Calling all our Partners!**

CLAHRC East Midlands is now in the process of developing its research portfolio for the next 5 years. In line with the NHS Long Term Plan and your STP/ICS delivery plans, our areas of focus will be Multi-morbidity, Mental Health and Wellbeing and Building Community Resilience and Enabling Independence.

We would like to give you the opportunity to shape our future health and care projects by inviting you to attend our stakeholder engagement events.

## Managing Multimorbidity

This theme will carry out research to improve the health, care, safety and costs of the growing number of people with more than one long-term condition.

- Dates: Tuesday 4 June, Nottingham / Thursday 20 June, Leicester
- Time: 10:00 13:00

## Mental Health and Wellbeing

This theme will carry out research to improve the mental health and wellbeing of our population and to increase access to effective therapies and treatments.

- Dates: Tuesday 25 June, Leicester / Tuesday 2 July, Nottingham
- Time: 10:00 13:00

## Building Community Resilience and Enabling Independence

This theme will undertake research to support independent living, improved care for stroke survivors and coordinated multi-service care, particularly for older people.

- Dates: Friday 7 June, Leicester / Monday 10 June, Nottingham
- Time: 10:00 13:00

To register your place, please email clahrc@nottingham.ac.uk